



Do you ever wish you could get more out of Mass?

The Mass is the center of our Catholic Faith. But do we really worship that way? It's easy to go on auto-pilot. We know the gestures, responses, and prayers...too well. This rote participation can bury the significance of what's happening during the liturgy. If you've ever walked out of Mass feeling like you just didn't "get anything" from it, consider joining us for ***A Biblical Walk through the Mass.***

This **five-part program** will help you discover the rich meaning behind the standing, kneeling, silent attentiveness and vocal responses. With freshly awakened eyes of faith, we can enter into a more meaningful, fruitful worship experience. As with our prior studies, there will be video teachings, this time by Dr. Edward Sri. You will receive a study guide with background information and study questions. But the best part is the time we have to share what we're learning and how it impacts our lives. Join us!

- What: *A Biblical Walk Through the Mass*
- Duration: Once a week Nov. 7<sup>th</sup> to Dec 12<sup>th</sup> (no class Thanksgiving week)
- When: Tuesday evenings 7 to 9 pm
- Where: Church of the Little Flower, school building, room 2D

Space is limited; advanced registration is preferred to allow time to order study materials. Registration forms are available on sign-up genius

Questions? Email [LFBIBLESTUDY.LF@GMAIL.COM](mailto:LFBIBLESTUDY.LF@GMAIL.COM)  
Or call Sam & Marianne Sowell at 732-360-1473